

REVISED

STANDARD OPEN GYM SCHEDULE

<u>DATE</u>	<u>TIME</u>	<u>AGES</u>	
• <u>MONDAY</u>	6:00a.m.-8:00a.m. 3:45p.m.-6:00p.m. 6:00p.m.-8:00p.m. 8:00p.m.-10:00p.m.	All Ages 12-17yrs 11& Under 30 & Up	Recreational Indoor Walking
• <u>TUESDAY</u>	6:00p.m.-8:00p.m. 8:00p.m.-10:00p.m.	All Ages 18 & Up	Volleyball / (Ladies) Basketball
• <u>WEDNESDAY</u>	6:00a.m.-8:00a.m. 3:45p.m.-6:00p.m. 6:00p.m.-8:00p.m. 8:00p.m.-10:00p.m.	All Ages 12-17yrs Open 30 & Up	Recreational Indoor Walking
• <u>THURSDAY</u>	6:00p.m.-8:00p.m. 8:00p.m.-10:00p.m.	All Ages 18 & Up	Volleyball / (Ladies) Basketball
• <u>FRIDAY</u>	6:00a.m.-8:00a.m. 3:45p.m.-6:00p.m. 6:00p.m.-8:00p.m. 8:00p.m.-10:00p.m.	All Ages 12-17yrs 11 & Under 40 & UP	Recreational Indoor Walking
• <u>SATURDAY</u>	11:00a.m.-2:00p.m. 2:00p.m.-5:00p.m. 5:00p.m.-8:00p.m. 8:00p.m.-10:00p.m.	Open 11 & Under 12 -17yrs 18 & Up	
• <u>SUNDAY</u>	12:00p.m.-3:00p.m. 3:00p.m.-6:00p.m.	18 & Up 40 & Up	

*** Due To Basketball League Play, Times Subject To Change 01/09 Thru 04/09! Check With The CRC For Details***

REVISED

*****PLEASE REMEMBER!!! NO OUTSIDE SHOES WILL BE PERMITTED ON THE GYM FLOOR*****